



EnglishRadio Barranquilla

LESSON 9. HEALTH AND HYGIENE

ACTIVITY 1.

Listen to the information about the five senses. Complete the gaps. Look up the meaning of unfamiliar words.

We only have five senses. We have the senses of _____ sight and hearing.

I think the sense of _____ is the most important. It's the most beautiful sense.

I wonder if this is the same for everyone. Andrea Bocelli went completely _____ at the age of 12.

At the age of 52, Beethoven was completely _____.

ACTIVITY 2.

Listen to some recommendations by a doctor to take care of your ears. Ask your doctor any question you would like to know.

Pre-listening vocabulary.

- **hygiene: practices used for keeping oneself clean**
 - **eliminate: to remove or destroy something**
 - **adhere: to stick or attach to something**
- **friction: the resistance of objects rubbing against each other**



ACTIVITY 3.

Listening comprehension. Listen to the passage about the importance of washing hands. Select the best option.

1. Rinsing with water does not eliminate viruses because

- a) Water does not remove enough dirt.
- b) Viruses can only be killed by hand sanitizer.
- c) Water and friction can't break a virus away from the skin.

2. Drying hands is important because

- a) Wet hands spread bacteria more easily.
- b) The friction removes more bacteria.
- c) Bacteria can't adhere to dry hands.

3. Hand sanitizer is

- a) More effective against viruses than water and soap.
- b) Less effective against viruses than water and soap.
- c) Just as effective against viruses as water and soap.

ACTIVITY 4.

Listen to a psychologist and a health coach talking about mental health. Write the most important tips the psychologist and health coach give and share your own recommendations. Write what you do to keep your mental health.



	Tips
Johanna	
Laura	

Your recommendations and routine to keep your mental health

ACTIVITY 5.

Watch the following video and write all the people and professionals the speaker thanks for risking their lives.

<https://www.youtube.com/watch?v=MIKBRsk56ho#action=share>

